

# ACP Presents: How to Advocate for Yourself, Your Ideas, and Your Potential

On March 14th, ACP's LinkedIn Live was joined by the panelists Heather Hansen, CEO of Advocate To Win, Author of The Elegant Warrior, TEDx speaker, Consultant, and Trainer. She discusses the importance of how to use the tools of a trial attorney to start advocating for yourself and each other. She breaks down the strategies of the 3 Cs of an Advocate: Curiosity, Credibility, and Compassion. The panel concluded with a Q&A session where they answered specific questions about women veterans and military spouses advancing in their careers. Here are the resources shared during the webinar.

## LinkedIn Live Links:

To learn more about ACP and how we help our Veterans & Military Spouses click here!

<https://www.acp-usa.org/mentoring-program/program-overview>

**EXPAND YOUR NETWORK WITH (ACP Connects) - The best place to connect with Veterans and Mentors from all over on LinkedIn** 📍 :

<https://www.linkedin.com/groups/12259026/>

Connect with us on our Facebook group on **ACP: The Veteran Compass**, it is a space for our Veterans to engage with one another #network✅:

<https://www.facebook.com/groups/acpcompass/>

**Veterans sign up here!**

<https://www.acp-usa.org/mentoring-program/veteran-application>

**Spouses sign up here!**

<https://www.acp-usa.org/spouses>

**Mentors sign up here!**

<https://www.acp-usa.org/mentor>

**Interested in seeing the impact our mentors are making?**

<https://www.acp-usa.org/impact/metrics>

**To explore past ACP-WP productions, click here:**

<https://www.acp-usa.org/womensprogram>

**Connect and Network with Veterans and Mentors on ACP AdvisorNet Straight from our Community Feature**

<https://acp-advisornet.org/>

**Feel free to explore our Protégé Resources Page**

<https://www.acp-usa.org/mentoring-program/resources/protege-resources>

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**For our Military Spouses & Veterans - Books To Help Advance in your Career:**

<https://www.kobo.com/blog/9-books-to-help-you-get-that-promotion>

<https://nymag.com/strategist/article/best-career-books-raise-promotion.html>

**A great resource for any military spouse thinking about the legal field:**

<https://msjdn.org/>

**To watch Heather Hansen's TEDx:**

<https://www.youtube.com/watch?v=JgAJ-S59DvA>

**To learn more, click here:**

<https://advocatetowin.com/>

**For Career Translators for Military Veterans, click here:**

<https://www.careeronestop.org/Toolkit/Jobs/match-veteran-jobs.aspx>

<https://www.military.com/veteran-jobs/skills-translator>

<https://www.careeronestop.org/Veterans/Toolkit/skills-matcher.aspx>

**For resources on Interviewing:**

<https://www.themuse.com/advice/star-interview-method>

<https://www.indeed.com/career-advice/interviewing/interview-questions-for-military-veterans-with-example-answers>

**For Resume Tips:**

<https://www.thebalancemoney.com/action-verbs-and-power-words-for-your-resume-2063179>

<https://careersidekick.com/how-to-tailor-your-resume-for-each-job-description/>

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**For resources on Culture and Communication:**

<https://www.military.com/veteran-jobs/career-advice/dealing-with-corporate-culture.html>

<https://www.militarytimes.com/transition-tips/transition/2019/01/22/civilian-life-101-heres-what-you-need-to-know-before-you-take-off-that-uniform/>

**For resources on Workplace Relationships:**

<https://www.youofficecoach.com/coaching-resources/managing-your-boss/difficult-bosses/five-types-of-difficult-bosses>

<https://www.mindtools.com/aorqe4z/building-good-work-relationships>

<https://www.forbes.com/sites/forbescoachescouncil/2018/12/18/15-top-tips-to-become-a-better-team-player-at-work/?sh=64cea78b3f6e>

# ACP WOMEN'S PROGRAM

## HOW TO ADVOCATE FOR YOURSELF DURING THE INTERVIEW PROCESS FROM OUR GUEST SPEAKER HEATHER HANSEN



1.

Look at your whole life's experience. This means work, your time within the family, and your volunteer experience. You essentially want to use it on yourself. Walk into that interview feeling very strong and grounded in your own skills inside and outside your work experience.

2.

Make a cover letter, employers like to have context before meeting with you. Collecting your experience and displaying it in a way that others can see your value.

3.

Remember that active listening is super important in an interview. Studying body language and the tone in which the person is asking the question will help you navigate effectively.